



ADULTS

Sunday, May 7, 2023

Dr. Landon Dowden

SERMON-BASED CURRICULUM

LOVING ACCOUNTABILITY

As we partnered with God this past week to _____, what did He do? How did He work in and through us?

DISCUSSION QUESTIONS FOR EXODUS 20:8-11

1. In what way(s), did God use His Spirit and His word in your life as we studied the fourth commandment?
2. When you were growing up, what were things you could and could not do on Sundays?
3. What's different, if anything, in how you observe Sundays now and what's led you to that decision?
4. Why is it "easy" to take something good God gives us and then twist it to make it a heavy burden instead? How were religious leaders in Jesus' day doing this regarding the Sabbath?
5. Why was God's plan for the Sabbath such a gift to His people?
6. Why do we, like Israel, find resting and focusing on the Lord to be difficult? How can our lack of rest actually be a lack of trust in God?
7. In what ways could Israel's faithful participation in the Sabbath be a proclamation of God's reign and redemption to other nations? How can our stewarding of the Sabbath help the Gospel advance in us and through us?
8. How is the rest Christ provides deeper and better than what the Sabbath itself could provide?
9. Why is Matthew 11:28-29 one of the greatest invitations in the Bible?
10. Whom are you helping find rest in Christ?

APPLICATION

This week, by God's grace and in His power, we will _____.